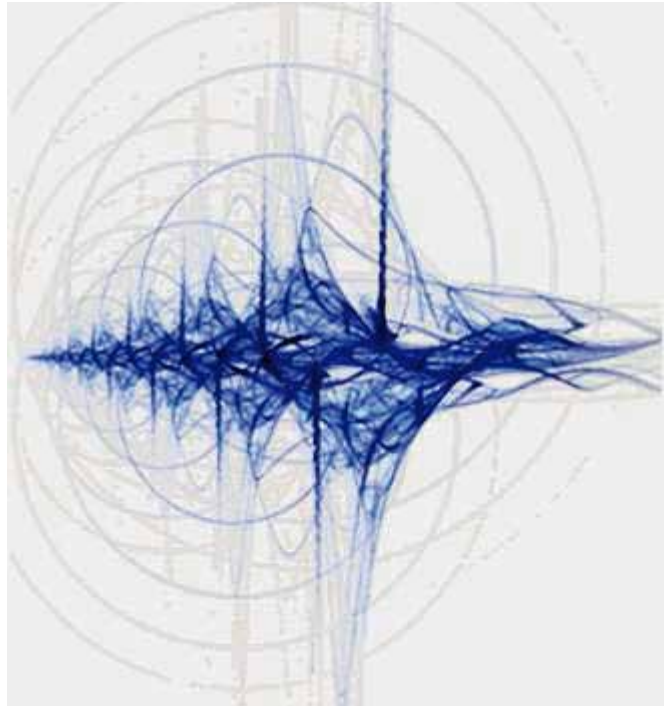


## Sound Wave Energy Therapy

# What is Sound Wave Energy Therapy?

Modern science is just now recognising what the ancient mystics have told us for years, everything is in a state of vibration. Stated another way; all matter is emitting a frequency or a sound wave. From the electrons moving around the nucleus of an atom, to the planets in our galaxies, everything is emitting sound waves, no exceptions. Just because we cannot always hear them, does not mean they are not there. The human ear is capable of hearing sounds between 16 and 16,000 cycles per second, which is a very narrow range. Dolphins and whales are capable of hearing sounds that are in the 250,000 cycles per second range. Everything that is in a state of vibration, has a natural rate at which it vibrates, an optimum



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range if you will, and that rate is called resonance. When we are in resonance, we are in balance. One of the ways we can use sound to heal the body is to recognize that every organ, every cell, every bone and gland of the body absorbs and emits sound and has a resonant frequency. Scientific studies show that sound waves can produce changes in the autonomic, immune, endocrine and neuropeptide systems of the physical body. In fact, our bodies are capable of absorbing sound that is outside our normal range of hearing. This means that all the sound wave frequencies that are in our environment, especially the ones we can't hear like microwaves, cell phones, etc. are having an impact on our health and on our frequencies, and our resonate state of being.

### The Principle of Resonance

Matter is organised by waveforms and frequencies. We all know that if we have two violins that are tuned exactly the same, and we pluck a string on one of the violins, the plucked string will produce a field of sound energy that will trigger the other violin's matching string, to begin to vibrate, and produce the same sound. This is called "resonance," and it happens naturally.

Resonance is a basic principle that affects everyone and everything, all the time. This same principle applies for a person in need of physical healing, and/or mental and emotional transformation. The correct frequency reminds the body's energy field of its original blueprint, and brings it into harmony. When we are in the presence of a person who is expressing joy, the energy field of their joy brings our own joy to the surface, so we resonate together. This is true of other manifestations of this principle, in both positive and negative.

### Sound Wave Energy Frequencies

Sound Wave Energy frequencies are based upon Sacred Geometry and the frequencies of minerals, vitamins, noble gases, amino acids and hormones. These frequencies balance and harmonise the Physical, Emotional, Mental and Spiritual bodies. These different tones will help us achieve balance and eventually, we will each hear our own harmonic symphony, in mind and peace.

When the organs and cells of the body become diseased, they are no longer vibrating at their resonant frequency. These dis-eased areas of the body are no longer producing their inherent bio-resonant sound waves. Instead of addressing the organ with a chemical drug, or removing it from the body, we are able to correct the rate of vibration with sound waves and bring the body back to a healthy state of resonance.

Often called the aura, this energy field is holding the sum total of all of your thoughts and emotions including the vibratory rates of all your organs and bodily systems. Modern science has proven that we are all electromagnetic beings and we are fields of energy. Some gifted persons are actually able to see these fields. When a psychic is giving you a reading, he/she is reading your energy field. Applied Kinesiology is used to identify bio-electrical imbalances in body structure, organs, to uncover food allergies and even discover emotional blockages.

Sound Wave Therapy can affect powerful change in the emotional realm. Our thoughts are measurable things, and they also have a signature sound wave.

As a society we have been trained not to express our emotions, particularly the ones that would be labelled as negative. Therefore, most of us have much unexpressed emotional energy in our fields, which means that our sounds are being held in. This creates a build-up of energy that if not cleared, sooner or later will manifest in the physical body as disease. Most of us are familiar with the old saying, "Buried feelings don't die, they take on a life of their own" Because this unexpressed energy is magnetic in nature, it draws into your life experience, circumstances that match this energy.

An energy field that vibrates at a high level of frequency will draw positive healthy, happy experiences, while energy that is low in vibration will draw in experiences that we consider negative or unhealthy. This is a universal law called The Law of Attraction, which states: "That which is likened to itself will be drawn unto itself." We need to begin thinking of ourselves as more than physical beings, we are electromagnetic beings, with energy fields that are interacting with our environment in a way that is beyond the perception of our first five senses.

Degenerative energy flow in the body creates emotional and physical stress. Sound-Wave Energy sessions can be beneficial for numerous conditions including: sluggish immune and lymphatic system, organ imbalances, excessive levels of body toxicity, high levels of anxiety, general fears and depression, being out of touch with oneself, lack of trust, lack of direction in life, and inability to take decisions.

Sound Wave Therapy empowers you to move forward in your life and create lasting change by raising the vibratory rate of your energy fields. Through the use of sound we are able to transform and restore resonance to mind, body and spirit. Sound as a healing modality is found in most ancient cultures and religions, and it is believed to be the oldest form of healing.

**Sonic Health Solutions Ltd. offers the latest in Sound Wave Energy Therapy**

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